



Level Up Coaching helps leaders stop wasting time on workplace drama so they can maximize performance and achieve their business goals. People are your organization’s most valuable asset, but it takes far more than intelligence and technical expertise to succeed. It’s how you work *together* and leverage the strengths and talents of your people that makes or breaks an organization. Principal, Sadie Lee Rosethorn leverages her 10 years of experience to help you master the people side of business by delivering high quality coaching, training, consulting, and facilitation services. Level Up Coaching brings out the best in leaders and teams by giving them the skills they need to cut through obstacles and achieve their organization’s mission.




Core Competencies

AREAS OF EXPERTISE

- ✓ Developing Leaders
- ✓ Creating Healthy Cultures
- ✓ Building Cohesive Teams
- ✓ Engaging Employees
- ✓ Resolving Conflicts
- ✓ Improving Interpersonal Skills
- ✓ Transforming Individuals & Teams

SERVICES OFFERED

- ✓ Coaching
- ✓ Training
- ✓ Facilitation
- ✓ Mediation
- ✓ Consulting
- ✓ Assessments




Differentiators

- **CUSTOMIZED SOLUTIONS**
We tailor our services to meet *your* unique needs.
- **RESEARCH-BASED BEST PRACTICES**
We use *proven* practices, backed by science.
- **RESULTS-ORIENTED**
We keep your end-goal in *focus* and drive toward desired outcomes.
- **FIRST-RATE QUALITY**
We take the time to do it *right*.
- **SIMPLICITY**
We make complex concepts *easy* to understand and apply.
- **HEART-CENTERED APPROACH**
We *love* our clients, and it shows!



Corporate Data

CAGE: 97R85 | **UEI:** ZSPNAVRGVFL6
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Work Area: National
Socio-Economic Status: Small Business
NAICS: 611430: Professional and Mgmt. Dev. Training
541612: Human Resources Consulting Services



Past Performance



Town of Greenwich, CT
Date(s): 2018-Current | **Role:** Subcontractor
Details: Climate and culture assessment, customer experience survey, process improvement facilitation, leadership development programming, executive coaching.



New York State Office of Mental Health
Date(s): 2022 | **Role:** Primary
Details: Conflict resolution training for senior and mid-level managers.



Housing Authority of New Haven, CT
Date(s): 2016-Current | **Role:** Subcontractor
Details: Executive coaching, leadership development training, team-building, conflict mediation, organizational development consulting.



School District of Philadelphia, PA
Date(s): 2018-Present | **Role:** Subcontractor
Details: Executive coaching, professional development training, team-building, process improvement facilitation, strategic planning.